

LATINX PARENTING PRESENTS:

# RAISING ANTIRACIST HUMANS:

*Dismantling Colorism & Racism in  
Latinx/Chicanx & Biracial Families*

COMPANION RESOURCE BOOKLET





THANK YOU FOR ATTENDING

# RAISING ANTIRACIST HUMANS:

## *Dismantling Colorism & Racism in Latinx/Chicanx & Biracial Families*

This companion resource booklet is designed to help you integrate and further explore the concepts, ideas, and calls to action you received during the "RAISING ANTIRACIST HUMANS" workshop.

The resources in this companion workbook have been carefully curated by Latinx Parenting, have been verified, and are encouraged to be shared. We hope you will find supportive on your Antiracism journey and process.

Additionally, as Latinx Parenting continues our own evolution into becoming an anti-racist organization, you will see this resource grow list.

We invite you to provide us with any additional resources that may be helpful to others in our community. We also commit to providing additional education and support opportunities that will build upon this topic in a humble and dedicated way. A very special thank you to Annie Valasco, Latinx Parenting admin/intern, for her assistance and hard work in the development of this resource booklet.



Leslie Arreola-Hillenbrand  
Latinx Parenting Founder & Parent Coach



# CENTERING AFRO-LATINX NARRATIVES

"My name is Shantal Perez Vasquez. I was born in the Dominican Republic and raised in Philadelphia, PA. I identify as a Black Latina/Afro-Latinx and my experience has been pretty rough. Growing up, I heard many anti-Black phrases that are used often in the Dominican community and also within my own family. Some of these phrases were "you have bad hair," and "get out of the sun because you'll get darker." At a young age I was also told to marry a lighter skinned person in the future. I developed a deep level of self-hatred. I hated my skin color and my hair. I actually begin my natural hair journey almost 4 years ago. Before starting this journey, I would go to the hair salon every week or my mom would blow dry my hair for me. Growing up without someone to guide me through my Blackness made my childhood very lonely at times. I don't think I felt embraced by my community. However, things changed once I got to college. My self-love journey began during the end of my freshman year. It was tough! I had to unlearn all of the anti-Blackness I was taught. I had to learn how to be comfortable with my short curly afro and get rid of those Eurocentric beauty standards that were pushed upon me. People in my family didn't agree with what I was doing. I'm sure some of them still don't. But that doesn't matter to me. I had to learn that the ideas of what others wanted me to be were just projections of their own insecurities and self-hatred. Getting a Ancestry DNA test definitely helped me with my journey. It was a confirmation that I wasn't crazy for feeling different, I wasn't crazy for feeling such a deep connection with African culture and people, because that's where my roots are. I am grateful for my African American, African and Caribbean brothers and sisters that embraced me, especially when I was just beginning to love and embrace myself. Even though I've been on this journey for a few years, I still have moments where I feel like I have to prove my Latinx identity to non-Black Latinx folks. I have gone out of my way to speak Spanish in spaces where there are non-Black Latinx people because I can just feel the energy, the gaps, and the huge difference there is between us. But I am starting to learn that I don't have to prove anything to anyone. My advice to people is to take a moment to sit with yourself. Self-reflect on the anti-Blackness and racism that you were taught. Start to unlearn these toxic thoughts that cloud your perception. And if you have kids, please be mindful of what you say in front of them. The change starts within you."



# THE WORK IS INTERNAL - RACIAL AWARENESS REFLECTION FOR NON-BLACK PARENTS



## ELEMENTARY AND MIDDLE SCHOOL:

What was the racial makeup of your elementary school?

Think about the curriculum: what Black Americans did you hear about? How did you celebrate Black holidays like Martin Luther King Day and Juneteenth?

Cultural influences: TV, advertising, music, movies, etc. What color God was presented to you? Santa Claus? The tooth fairy? Dolls? Books? Novelas?

What was the racial makeup of organizations you were a part of as a child? Soccer team, church, etc.? Did anyone talk to you about police brutality or white superiority?

## HIGH SCHOOL AND COMMUNITY:

What was the racial makeup of your high school? Of its teachers?

Was there interracial dating? Any racial tensions or discriminations? Did you witness or you yourself experience conflict with members of another race?

Have you yourself ever felt stigmatized because of your gender, or ethnic group membership? Because of your sexual orientation? Social class? Disability?

If you went to college: What is the racial makeup of your college community? Of your college professors and advisors? Of your graduating class? Of any clubs or memberships you were a part of?





# THE WORK IS INTERNAL - RACIAL AWARENESS REFLECTION FOR NON-BLACK PARENTS



## FAMILY:

Are your parents the same race? Same ethnic group? Are your brothers and sisters? What about your extended family – uncles, aunts, etc.?

Where did your parents grow up? What exposure did they have to racial groups other than their own? Have you ever talked with them about this?

What ideas did they grow up with, regarding race relations? Again, do you know? Have you ever talked with them about this? Why or why not?

Do you think of yourself as white/white presenting? If you're not white, do you think of yourself as black, or Asian-American, etc.? Or just as "human"? Do you think of yourself as a member of an ethnic group? What is its importance to you?

## NEIGHBORHOOD:

What is the racial makeup of the neighborhood you grew up in?

What was your first awareness of race? – that there are different "races" and that you belonged to one.

What was your first encounter with another race? Describe the situation.

What messages do you recall getting from your parents about race? From others when you were little?



# THE WORK IS INTERNAL - RACIAL AWARENESS REFLECTION FOR NON-BLACK PARENTS



## PRESENT AND FUTURE:

What is the racial makeup of your workplace and the other organizations or institutions you come into contact with?

What is the racial makeup of your colleagues in your field? Of the people in the marketing materials used to promote your organization?

What is the racial makeup of your circle(s) of friends in your social circles? Of the teachers of your children's school? Of the administration and school board? What is the racial composition of your police department In comparison with the population in your city?

If you don't yet have children or a family of which you are the head:

Think about where you envision living as you start a family. What is its racial makeup? social class makeup? What occupation do you foresee, 10 years hence? What is its racial makeup? Social class makeup?

If you are a part of a biracial family: How has this impacted your family and the way you speak to your children about race?

## GENERAL:

When was the first time you realized you had privilege? Have you felt privileged? What do you feel when you are told you have light-skinned privilege?

What feelings are felt when you hear "Anti-Blackness" "white fragility" "complicity"?



# ELDERS & EXTENDED FAMILY

Lean into discomfort

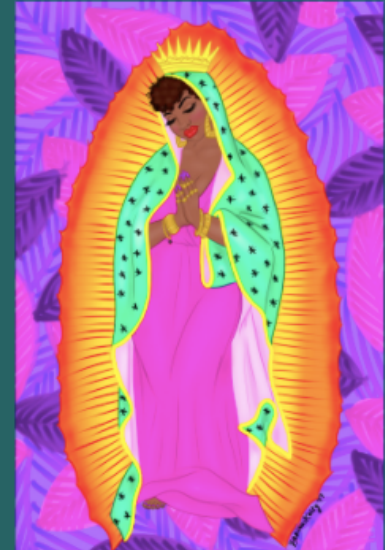
*Respectfully* call out/in (do not engage in humor)

Often lack of access to resources / education

Point things out (the songs, novelas)

Support with historical resources

Create boundaries



“Virgen Negra”, Zahira Kelly

# RAISING ANTIRACIST HUMANS

By age 3

See & Celebrate Differences

Teach positionality & privilege

Daily observations / opportunities

Exposure to Black/Afro-Latinx centered media & books

Critical thinking

**SPEAK UP / STEP BACK**

“Antiracist Baby” by Ibram X Kendi  
Illustrated by Ashley Lukashevski



**DO THE INNER WORK**  
Humility around learning + process

# TALKING TO YOUR NON-BLACK FRIENDS OR FAMILY ABOUT RACE

## 1 INTENT VS IMPACT

Lots of white people like using the phrase "we aren't racist" when the truth is that they don't **INTEND** to be racist. While their intentions might be in the right place, they are irrelevant if their actions are still causing harm to others and are reflecting racist systems. It is important to be aware of the **IMPACT** of our actions.

Start by making the difference between Intent and Impact very clear.

## 3 SHARE STORIES OF YOUR OWN PRIVILEGE

When talking to your family about white privilege, share a story about a time that your privilege has protected you in the past. This is a great way to get the ball rolling on more open conversations about white privilege and how to understand the privileges that each of you holds.

## 5 MAKE IT OKAY TO ASK QUESTIONS

Let your family know that it is okay to ask questions about racism, even if you don't necessarily know the answers to them. If you don't know the answer to a question, google it, find an article about it, and share it with your family. Learn and grow together.

## 7 Plant a Seed of Doubt

For non-Black people, unlearning racist systems can be an incredibly hard venture, considering you are proving everything they have ever known to be true, false. This is a big deal, so start out small. Get your family to question their existing logic on one topic, anything from the prison system to cultural appropriation, to Black hair. If you get them to say "Hmm, well I never thought of it that way before." you are going in the right direction.

List adapted from Jen Winston's "How to Talk to Your Family About Racism" on Instagram.

## 2 WATCH YOUR TONE

As a non-Black person, it is not your job to tell Black people how it is they need to talk about their own oppression. When you do that, it is called "tone-policing", or a way to invalidate an argument by attacking the tone or emotion it is presented with. However, when speaking to other white people about racism, it is important to maximize your effectiveness. Communicating your perspective effectively is more important than your feelings.

## 4 SHARE STORIES OF YOUR OWN MISTAKES

By admitting that you have been wrong before in the past helps normalize personal growth. It allows your family to look at their own mistakes and be able to learn and grow from them. Remember Vulnerability is strength.

## 6 HOST A BOOK CLUB

If you know someone who is already resistant to learning about racism, you probably won't be able to get them to read a whole book about it. So, instead, start off small. Create activities that require less commitment and have a discussion about them afterward.

Some activity ideas:

- "Unpacking the Invisible Knapsack" an essay by Peggy McIntosh
- "The Racial Wealth Gap" a 15-minute Vox episode explained on Netflix
- "Seeing White" a podcast by Scene on Radio

## 8 Keep Asking:

### "Why do you think that is"

Find a race-related statistic that you both believe to be true. (EX: "Black people are jailed for weed possession more often than white people are"). Then ask them why they think that is. Continue to ask them why they think what they do until the answer to the question is clearly "racism."





# TALKING TO YOUR NON-BLACK KIDS ABOUT RACE - THE ARTICLES



"Many of us know but choose to ignore that race is a made-up social construct and ideology. We are one race, the human race, and right now, an arm of our human race is bleeding. Right now, we should all be equally weeping and doing something to stop that arm from bleeding. My husband and I will make sure that our biracial child/children understand that when one community in our human family is ailing, we are all ailing. Will you?"

Excerpt from: "Of Course All Lives Matter But The Black Community House Is Burning Down Hence Black Lives Matter" By: Nikita Gupta

"As a mother, I've always wanted my children be kind to everyone and accept people without biases or stereotypes. I figured that by being "colorblind," or not calling attention to race, I was showing them that everyone was equal. But then I read a Washington Post article that explained that a colorblind approach may actually do more harm than good."

Excerpt from: "Raising Race-Conscious Children" By: Joanna Goddard

"And then my work as a parent is to raise my kids in a way where they experience communities of color, black people, Latino people, being human beings they identify with as part of their human network. And that's something that hasn't really happened in part because of segregation in the United States."

Excerpt from: "How White Parents Can Talk To Their Kids About Race" By: Michel Martin

In the end, people are more alike than different. And if children learn this simple truth early, the world will be the safe and interesting place that Dr. King dreamt about.

Excerpt from: "Teaching Your Child About Black History" By: Nefertiti Austin

"We support adults who are trying to talk about race with young children, with the goals of dismantling the color-blind framework and preparing young people to work toward racial justice."

Excerpt from: "100 Race Conscious Things You can Say to Your Child to Advance Racial Justice" By: Raising Race Conscious Children





## Are your kids too young to talk about race?

Nope. Silence about race can reinforce racism by letting children draw their own conclusions.

### 0-1 year

At birth, babies look equally at faces of all races. At 3 months, babies look more at faces that match the race of their caregivers.

Kelly et al, 2005

### 2 years

Children as young as 2 use race to reason about people's behaviors.

Hirschfeld, 2008

### 2.5 years

By 30 months, most children use race to choose playmates.

Katz & Kofkin, 1997

### 4-5 years

Expressions of racial prejudice often peak at ages 4 and 5.

Aboud, 2008

### 5 years

Black and latinx children in research settings show no preference toward their own groups, as compared to white children at this age, who are more likely to be strongly biased in favor of whiteness.

Dunham et al, 2008

### 5 years

By kindergarten, children show many of the same racial attitudes held by adults in our culture. They have already learned to associate some groups with higher status than others.

Kinzler, 2016

### 5-7 years

Explicit conversations with 5-7 year olds about interracial friendship can dramatically improve their racial attitudes in as little as a single week.

Bronson & Merryman, 2009

Adapted from work by the Children's Community School.

More info at [childrenscommunityschool.org/social-justice-resources/](https://childrenscommunityschool.org/social-justice-resources/)

Design provided by prettygooddesign.org

"Adults often think they should avoid talking with young children about race or racism because doing so would cause them to notice race or make them racist. In fact, when adults are silent about race or use "colorblind" rhetoric, they actually reinforce racial prejudice in children. Starting at a very young age, children see patterns – who seems to live where; what kinds of homes they see as they ride or walk through different neighborhoods; who is the most desirable character in the movies they watch; who seems to have particular jobs or roles at the doctor's office, at school, at the grocery store; and so on – and try to assign "rules" to explain what they see. Adults' silence about these patterns and the structural racism that causes them, combined with the false but ubiquitous "American Dream" narrative that everyone can achieve anything that they want through hard work, results in children concluding that the patterns they see "must have been caused by meaningful inherent differences between groups." In other words, young children infer that the racial inequities they see are natural and justified. So despite good intentions, when we fail to talk openly with our children about racial inequity in our society, we are in fact contributing to the development of their racial biases, which studies show are already in place."

(Dr. Erin Winkler, 2017)

Images by @pretty\_good\_design, adapted from work by the Children's Community School. Leading  
Originally from: @theconscioukid

# TALKING TO YOUR KIDS ABOUT RACE - CHILDREN'S BOOK RECOMMENDATIONS

## Children's Books About Race

Whose Toes Are Those? by Jabari Asim

Let's Talk About Race by Julius Lester

Lovely by Jess Hong

List Compiled by Katrina Michie

## Children's Books About Privilege

Lila and the Crow by Gabrielle Grimard

A Place Where Sunflowers Grow by Amy Lee-Tai

Something Happened in Our Town: A Child's Story About Racial Injustice by Ann Hazzard, Marianne Celano, and Marietta Collins

List Compiled by Raising Luminaries



Here is a coloring book created by Wander + Wonder studio that assists parents in being able to have conversations about race, privilege, bias, riots, activism, social injustice, diversity and inclusivity in their homes.

[Click Here to access the free download of this coloring book](#)  
[Click Here to be sent to the Wander + Wonder Instagram Page](#)



# TALKING TO YOUR KIDS ABOUT RACE

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## Adult/ Young Adult

### Book Recommendations:

Who We Be by Jeff Chang

Between the World and Me by Ta-Nehisi Coates

An Indigenous Peoples' History of the United States by Roxanne Dunbar-Ortiz

The Warmth of Other Suns by Isabel Wilkerson

Why Are All The Black Kids Sitting Together in the Cafeteria?  
by Beverly Daniel Tatum

So You Want to Talk About Race by Ijeoma Oluo

## Podcast Episodes:

Talking Race With Young Children

by NPR and the Sesame Street Workshop

Seeing White Series on Scene On Radio

**Why white parents need to do more than talk to their kids about racism**

Also consider following The Conscious Kid on Instagram as well as checking out their website for even more helpful resources.



# HOW SHOULD I ENGAGE MY NON-BLACK KIDS ON THE TOPIC OF RACE?

1. Get comfortable talking about race, racism, anti-Blackness and racial inequality against Black and AfroLatinx people
2. Normalize talking about race - Do not stay silent
  - a. Bring it up and address it directly - Avoid "colorblindness" or saying we are all one "raza"
  - b. Ask questions ("What makes you say that?")
  - c. Introduce the topic of JUSTICE by talking about FAIRNESS
3. Empower them and trust in their ability to understand hard things
4. Be a model of learning how to be an antiracist, know that this is a lifelong process because anti-Blackness is so deeply embedded in our society and culture
5. Connect the past with the present and teach critical race literacy and critical thinking skills
6. Listen to them. Allow and understand any questions.

Adapted from [www.embracerace.org](http://www.embracerace.org)



# UNDERSTANDING RACE AND COLORISM IN THE UNITED STATES:

## Articles:

"The 1619 Project"-  
The New York Times

"America's Racial Contract is  
Killing Us"- Adam Serwer

"Who Gets to Be Afraid in  
America?"- Ibram X. Kendi

"The Intersectionality Wars"-  
Jane Coaston

"The Case for Reparations"-  
Ta-Nehisi Coates

"White Privilege:  
Unpacking the Invisible  
Knapsack" Peggy McIntosh

"Tips for Creating Effective  
White Caucus  
Groups" developed by  
Craig Elliott

## Listen:

"Your Body Being  
Used" CodeSwitch  
Podcast from NPR ~  
6 min"

When Civility is Used as  
a Cudgel Against  
People of  
Color" CodeSwitch  
Podcast NPR ~ 6 min

"The Power of Martin  
Luther King Jr.'s  
Anger" CodeSwitch  
Podcast NPR ~ 5 min

"Opinion: My Father  
Stood for the National  
Anthem for the Same  
Reason Colin Kaepernick  
Sits" CodeSwitch Podcast  
NPR ~ 4 minutes

"When Calling the Po-  
po is a No-  
No" CodeSwitch NPR  
~ 4 min

## Watch:

"How Studying Privilege  
Systems Can Strengthen  
Compassion" TED Talk

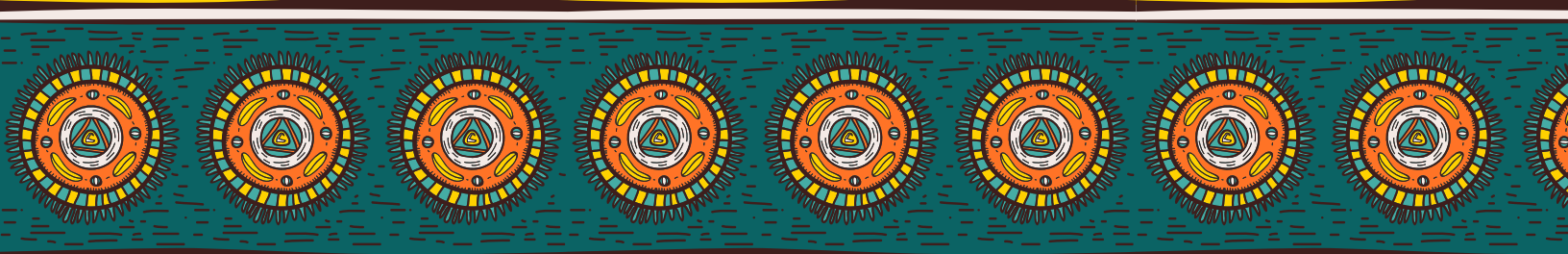
"Let's Get to the Root of  
Racial Injustice" TED Talk

"How to Overcome Our  
Biases? Walk Boldly  
Towards Them" TED Talk

"How We're Priming Some  
Kids for College and  
others for prison" TED Talk

Lists compiled by by Autumn Gupta with Bryanna Wallace's oversight for the purpose of providing a starting place for individuals trying to become better allies.





# UNDERSTANDING AND DECONSTRUCTING ANTI- BLACKNESS WITHIN THE LATINX COMMUNITY

## Articles to read:

Why Understanding Colorism Within the Latino Community Is So important - By Giselle Castro

Colorism within the Latinx community - By Maricella Cantu

Afro-Latino: A deeply rooted identity among U.S. Hispanics - By Gustavo Lopez and ana Gonzales- Barrera

We need to unpack anti-Blackness and confront racism in the Latinx Community - By Ruby Mora

## Podcasts to Listen to:

Afro- Latinx Podcast (Swarthmore College)

Rosa Clemente on Allyship and Confronting Anti- Blackness

## Books to Read:

Recovering History, Constructing Race:

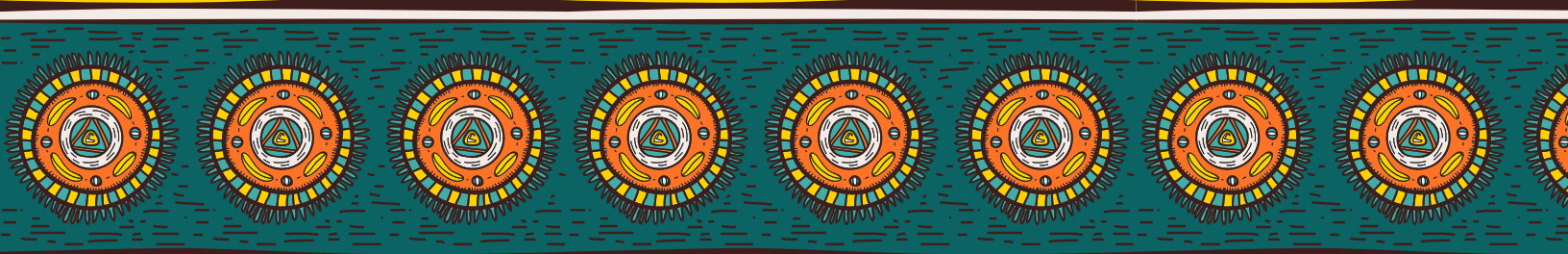
The Indian, Black, and White Roots of Mexican Americans  
By Martha Menchaca

"Shakin' Up" Race and Gender: Intercultural Connections in Puerto Rican, African American, and Chicano Narratives and Culture (1965-1995)  
By Marta E. Sánchez

## Instagram Pages to Follow:

@blkclatinasknow  
@latinxenmedicina  
@its\_stephoh  
@thecentamcollective  
@Bad\_Dominicana2.  
@blactina  
@MigrantScribble  
@LatinxTherapy  
@LaFeministaDescolonial  
@deconstruyePR  
@costaricaafro  
@chica.afroperuana  
@afrossv  
@revistaetnica  
@radio\_cana\_negra  
@reggaetonconlagata  
@rhsalumni4blm





# COMPRENSIÓN Y DECONSTRUCCIÓN DE LA ANTI-NEGRURA

## DENTRO DE LA COMUNIDAD LATINX - EN ESPAÑOL

### Artículos para leer

"Querida mamá, papá, tío, tía, abuelo, abuela" Carta abierta en español escrita por Black Lives Matter (EU/Canadá)

¿Cómo enfrentamos la anti-negritud en la era de Trump? (EU)

Una cronología incompleta del racismo, vigilancia y resistencia en los Estados Unidos (EU)

Hacia Compañerismo y Conciencia: Pro-Blackness in Action (EU)

George Floyd, el racismo y las pandemias (EU)

### Videos para ver

El racismo que México no quiere ver (México - 11:14 min)

¿Es México racista o colorista? (México - 5:11 min)

Somos negros de la costa (México - 21:38 min)

Afromexicanas hablan contra el racismo (México - 2:45 min)

¿Existen las Razas? Lucía-Asué Mbomío Rubio (España - 15:41 min)

Nosotros. Racistas y clasistas (El Salvador - 19:13 min)

Los dos indígenas de México (2:43 min)

### Libros para leer

Mitos Nacionalistas e Identidades Étnicas: Los Intelectuales Indígenas y el Estado Mexicano - Natividad Gutierrez

Disidentes, Rebeldes, Insurgentes: Resistencia indígena y negra en América Latina - Martin Lienhard

Las venas abiertas de Latinoamérica - Eduardo Galeano

Autobiografía de Angela Davis Entre el mundo y yo - Ta-Nehisi Coates

Mujeres, raza y clase - Angela Davis

El color de la justicia - Michelle Alexander

List compiled by Dash Harris for Radio Caña Negra Radio Caña Instagram  
Radio Caña Negra Facebook



## **Non-Black Latin@/x Resources on Anti-Blackness**

After the many killings of Black folks over the past few months, it was disheartening to see the anti-Blackness prevalent within the non-Black Latin@/x community. I created this guide after seeing the lack of solidarity within my non-Black Latin@/x circles. This guide is to be a resource and a conversation starter for my fellow non-Black Latin@/x community to educate and bring to light the anti-Blackness that is prevalent within our community as well as the historic systemic oppression of the Black community. My hope is for the non-Black Latin@/x community to educate ourselves and stand in solidarity with our fellow Black communities. While it's important to educate ourselves in the history of anti-Blackness, I also hope that we are moved to take action against the systems of oppression in the USA.

I created this guide to be a resource for the community, as such if you have any resources/links/articles to share don't hesitate to suggest them via comments! Feel Free to share this among your groups! List compiled by Andrew Garcia Chavez (ig: agarcha10, let me know if you want to add something but don't want to suggest it via comment!)

Recursos en Español sobre el anti-racismo

<https://docs.google.com/document/d/1DbS6Q9oSflbShmkNrkTgaDVHGedpYrCI-Pq6RDUCYrY/edit?fbclid=IwAR2bMqUMtYDQogEGvPhQs6DyqIFN0lgge8fANi1YGK6dDHV3BR-Tc13nwU8>

Recursos sobre el racismo y anti-negro/anti-negritud en Latinoamericano en español

<https://docs.google.com/document/d/16Vq-HQAYYvllcXuaVsfLUwTS92N5DimM9DfZsfuZ1so/edit>

The Afro-Latino Story of Latino Anti-Blackness ([Version Español](#))

<https://aldianews.com/articles/politics/opinion/afro-latino-story-latino-anti-blackness/57664>

On Deconstructing & Unlearning Anti-Blackness in the Latinx Community

<https://remezcla.com/features/culture/unlearning-antiblackness-latino-latinx-community/>

Anti-Blackness in Latinx countries is the result of deliberate cultural policy

<https://racebaitr.com/2018/01/18/anti-blackness-in-latinx-countries/>

Column: Anti-blackness in the Latinx community

<https://archeroracle.org/55048/voices/column-anti-blackness-in-the-latinx-community/>

How Latin America's Obsession With Whiteness Is Hurting Us

<https://hiplatina.com/latin-americas-obsession-with-whiteness/>

Gentefied's Julissa Calderon: "It's Time for Latinxs to Step up for Black Lives Matter"

<https://www.oprahmag.com/life/a32823256/julissa-calderon-latinx-black-lives-matter-movement/>

## **Access:**

# **<https://bit.ly/3hOGDXU>**



# The Ultimate Cheatsheet for Critical Thinking

Want to exercise critical thinking skills? Ask these questions whenever you discover or discuss new information. These are broad and versatile questions that have limitless applications!



## Who

- ... benefits from this?
- ... is this harmful to?
- ... makes decisions about this?
- ... is most directly affected?
- ... have you also heard discuss this?
- ... would be the best person to consult?
- ... will be the key people in this?
- ... deserves recognition for this?

## What

- ... are the strengths/weaknesses?
- ... is another perspective?
- ... is another alternative?
- ... would be a counter-argument?
- ... is the best/worst case scenario?
- ... is most/least important?
- ... can we do to make a positive change?
- ... is getting in the way of our action?

## Where

- ... would we see this in the real world?
- ... are there similar concepts/situations?
- ... is there the most need for this?
- ... in the world would this be a problem?
- ... can we get more information?
- ... do we go for help with this?
- ... will this idea take us?
- ... are the areas for improvement?

## When

- ... is this acceptable/unacceptable?
- ... would this benefit our society?
- ... would this cause a problem?
- ... is the best time to take action?
- ... will we know we've succeeded?
- ... has this played a part in our history?
- ... can we expect this to change?
- ... should we ask for help with this?

## Why

- ... is this a problem/challenge?
- ... is it relevant to me/others?
- ... is this the best/worst scenario?
- ... are people influenced by this?
- ... should people know about this?
- ... has it been this way for so long?
- ... have we allowed this to happen?
- ... is there a need for this today?

## How

- ... is this similar to \_\_\_\_\_?
- ... does this disrupt things?
- ... do we know the truth about this?
- ... does this benefit us/others?
- ... does this harm us/others?
- ... do we see this in the future?





Jane Mount



## PRESENTER BIOS:

### **Cecilia Caballero**



@bookworm\_por\_vida  
@chicanamotherwork

Cecilia Caballero is an Afro-Chicana futurist single mama, poet, essayist, and founder of the Bookworm Por Vida podcast which celebrates literature written by people of color.

Cecilia also facilitates weekly online poetry workshops around topics related to mothering, healing, mental health, social justice, and more. She is also co-editor of The Chicana M(other)work Anthology: Porque Sin Madres No Hay Revolución and a PhD Candidate in the Department of American Studies and Ethnicity at the University of Southern California. Cecilia resides on unceded Tongva land in Boyle Heights, Los Angeles, California.

### **Leslie Arreola-Hillenbrand**

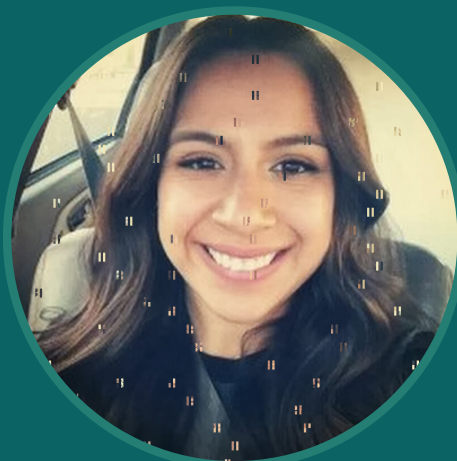


@latinxparenting  
@lesliepriscilla

Leslie Priscilla Arreola-Hillenbrand is a first generation non-Black Chicana mother to three biracial children ages 8, 2, and under 1. She is a descendant of Indigenous Tarahumara Rarámuri and Spanish lineages who resides on occupied Tongva and Acjachemen land, also known as Orange County, CA. Formerly an early childhood teacher and 1:1 behavioral coach, Leslie has worked with children and families for over 13 years. She has coached & facilitated groups in both Spanish and English for hundreds of parents in schools, transitional homes, teen shelters, drug rehabilitation centers, and family resource centers throughout Orange County, CA. Leslie shares her medicine by offering coaching, workshops, support and advocacy for Latinx/Chicanx families locally, nationally and internationally via Latinx Parenting.

## MODERATOR & INTERPRETER BIOS:

### ***Roshell Amezcua, Moderator***



@bronxdefenders

Roshell Amezcua is the Family Defense and Immigration Counsel at the Bronx Defenders. Roshell has represented parents in neglect and abuse proceedings since 2016. Her role has shifted to also include developing a deeper understanding of the harmful impact the child welfare system has on a parent's immigration status and eligibility for immigration relief. Her role includes advising family defense and immigration advocates on the enmeshed harms a child welfare proceeding or investigation has on one's immigration status, and vice versa. Her passion lies in racial, economic, immigrant justice and justice for Black, Indigenous, queer, trans, and gender non-conforming people of color.

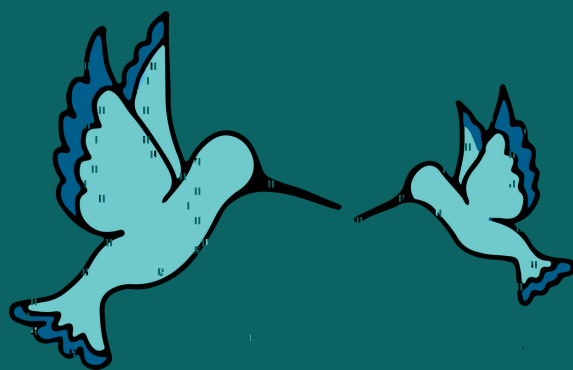
### ***Melody González, Interpreter***



@peace\_inside\_out

Melody González is an Interpreter/Translator, with 16 years of professional experience but an entire lifetime of experience as a bridge-builder. She has interpreted for farmworkers, survivors, domestic workers, school parents, educators, elected officials, actors/musicians, and more. Currently, she interprets and translates in Special Education for a school district and freelance for various community and social justice organizations through her business, Guani Tenoli. Melody is also the co-founder of Peace Inside Out (PIO): personal and community transformation through Arts, Restoration, Community and Health. As part of her work with PIO, she teaches a Zumba & Meditation class and is a birthworker and postpartum doula.

GRACIAS!



LATINX PARENTING

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